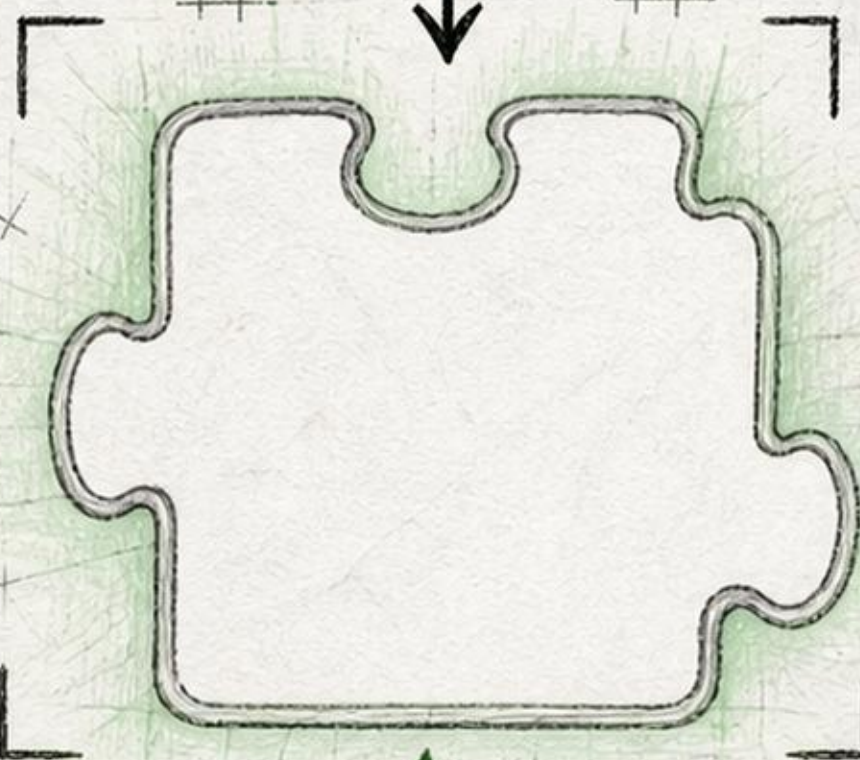


都不是

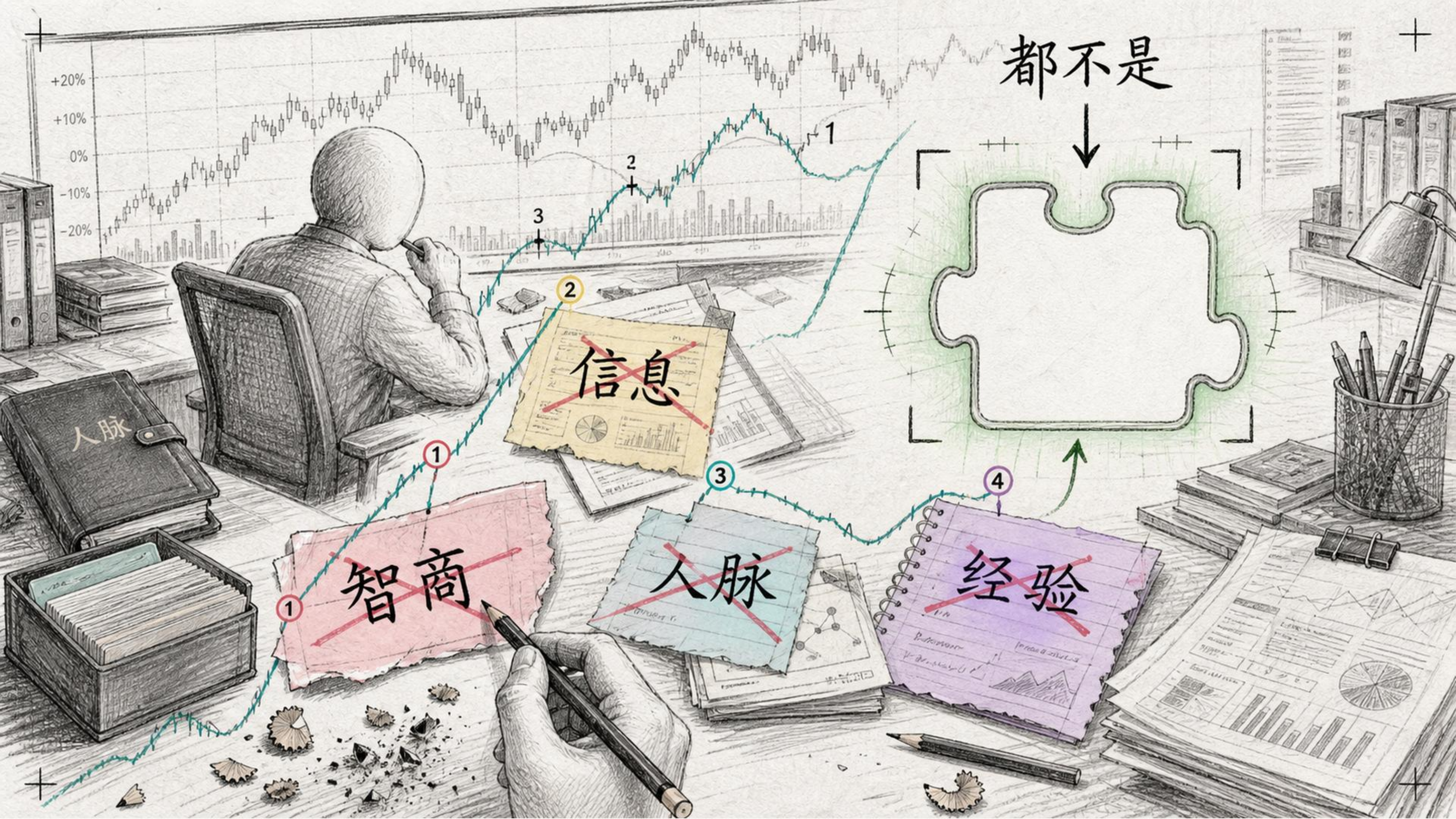


~~信息~~

~~智商~~

~~人脉~~

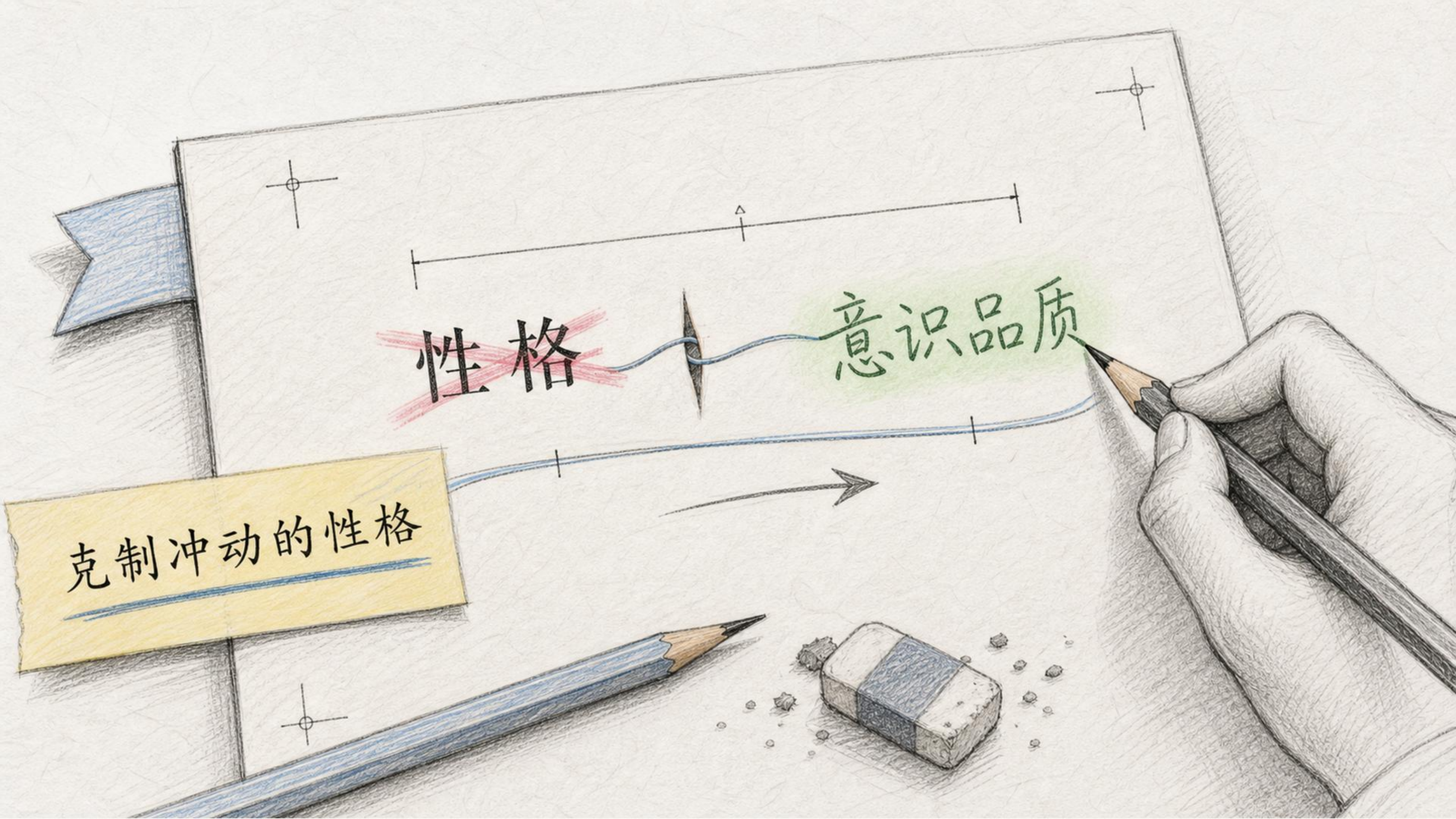
~~经验~~



~~性格~~

意识品质

克制冲动的性格

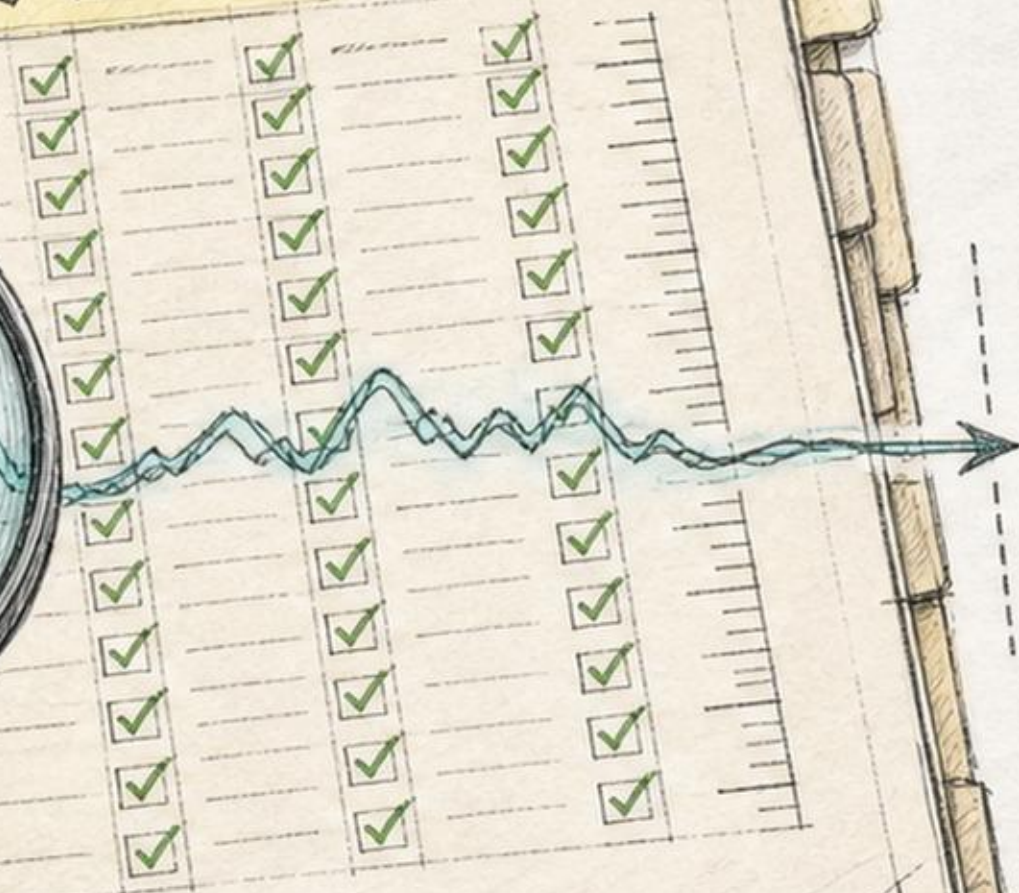


同样的信息

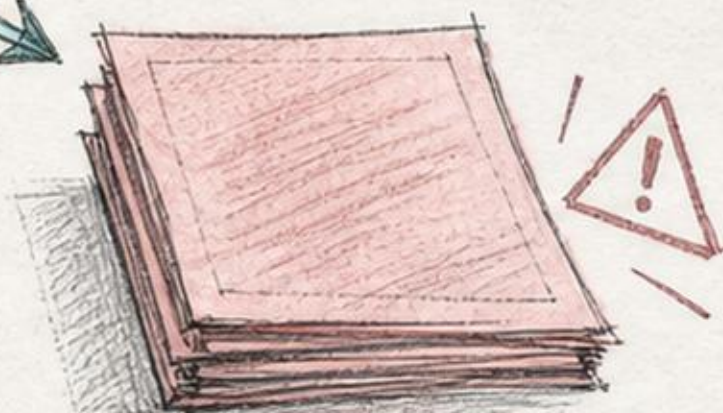
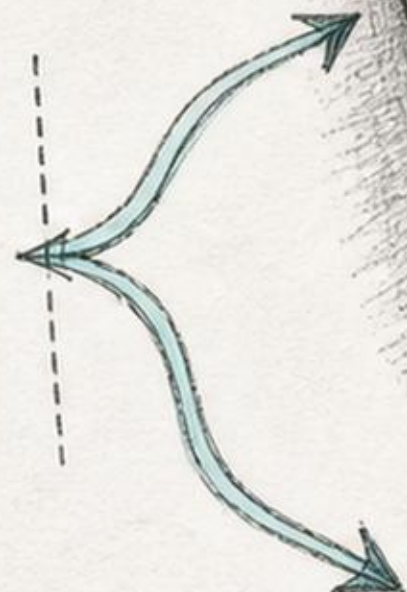
回报差一百倍



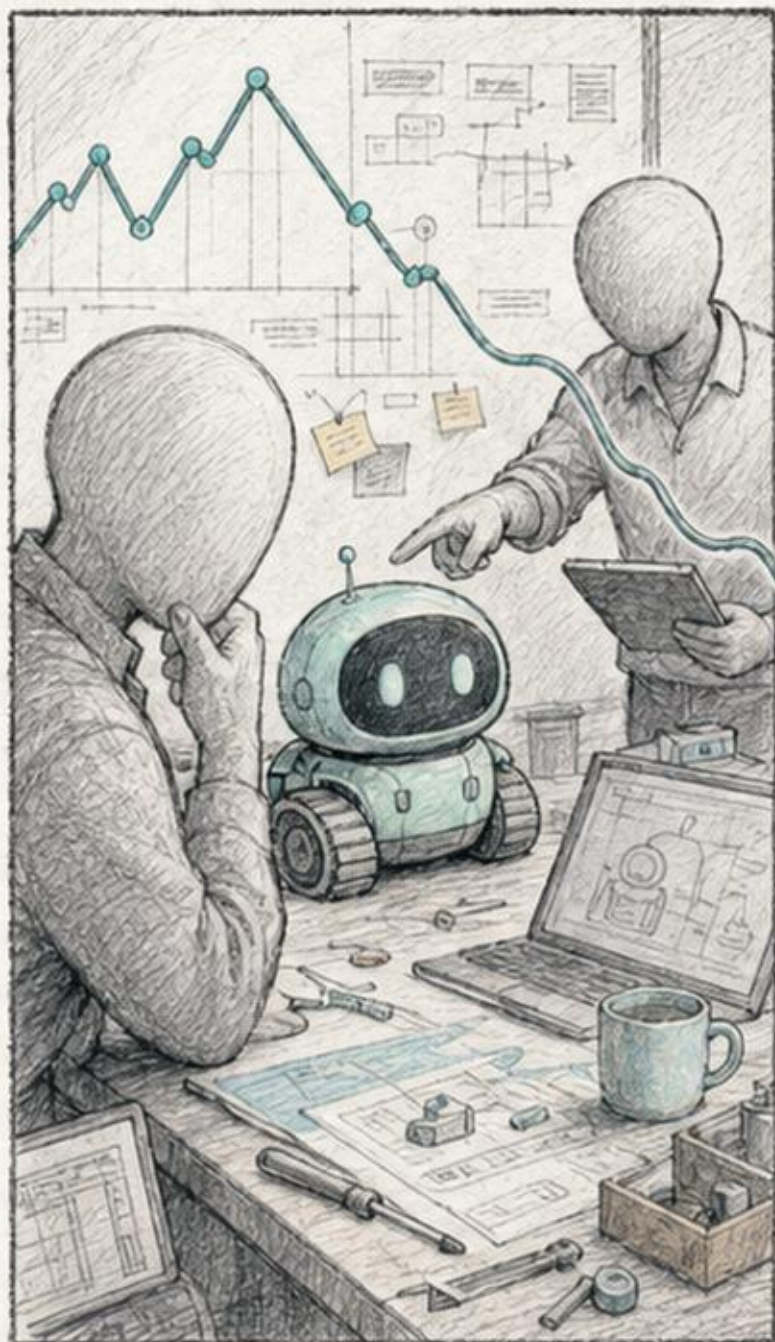
三百多个项目
尽调都做了
结果天差地别



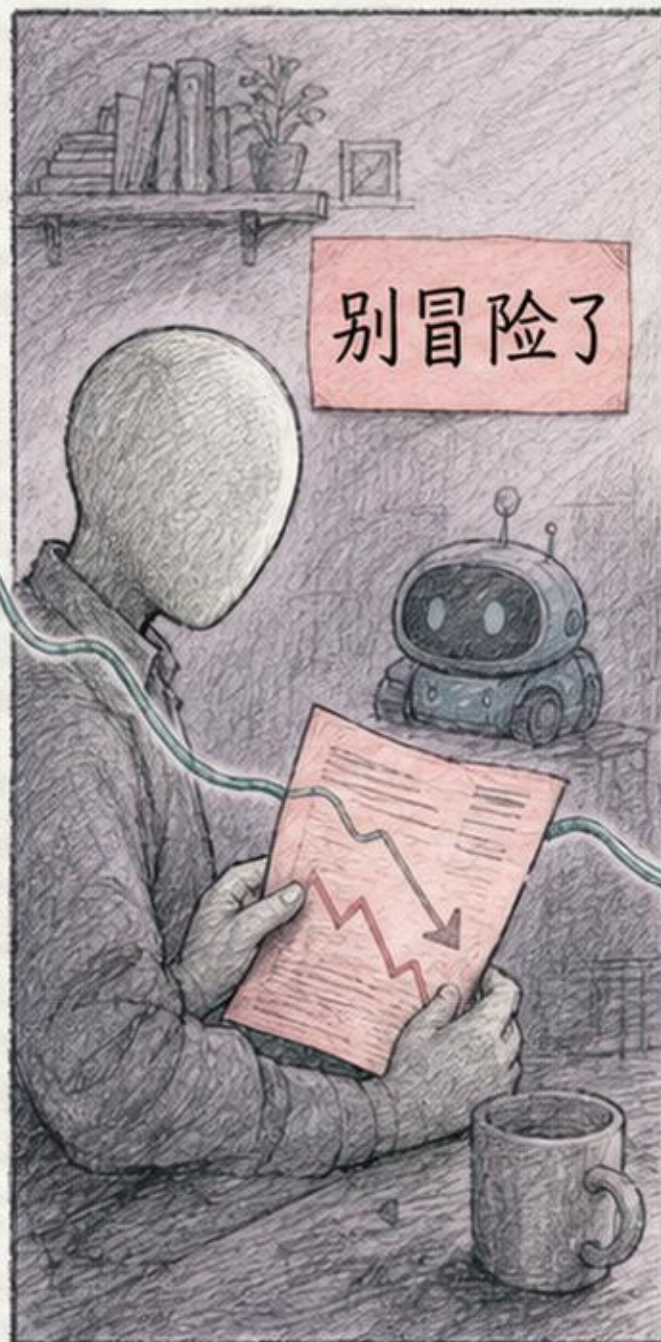
=



①



②



③



④



①

②

③

④

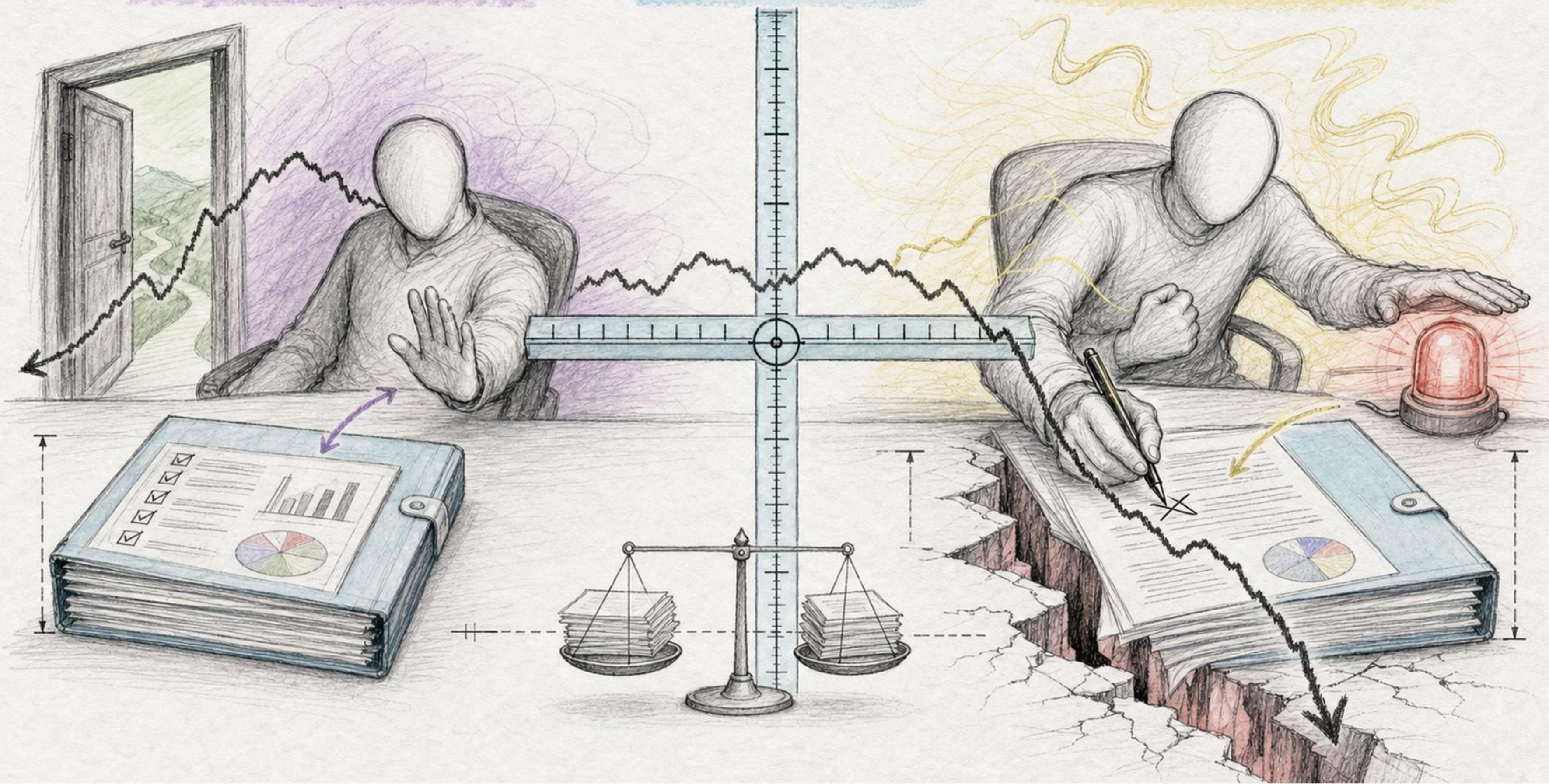
1-14

巨大距离

意识状态截然不同

信息质量相当

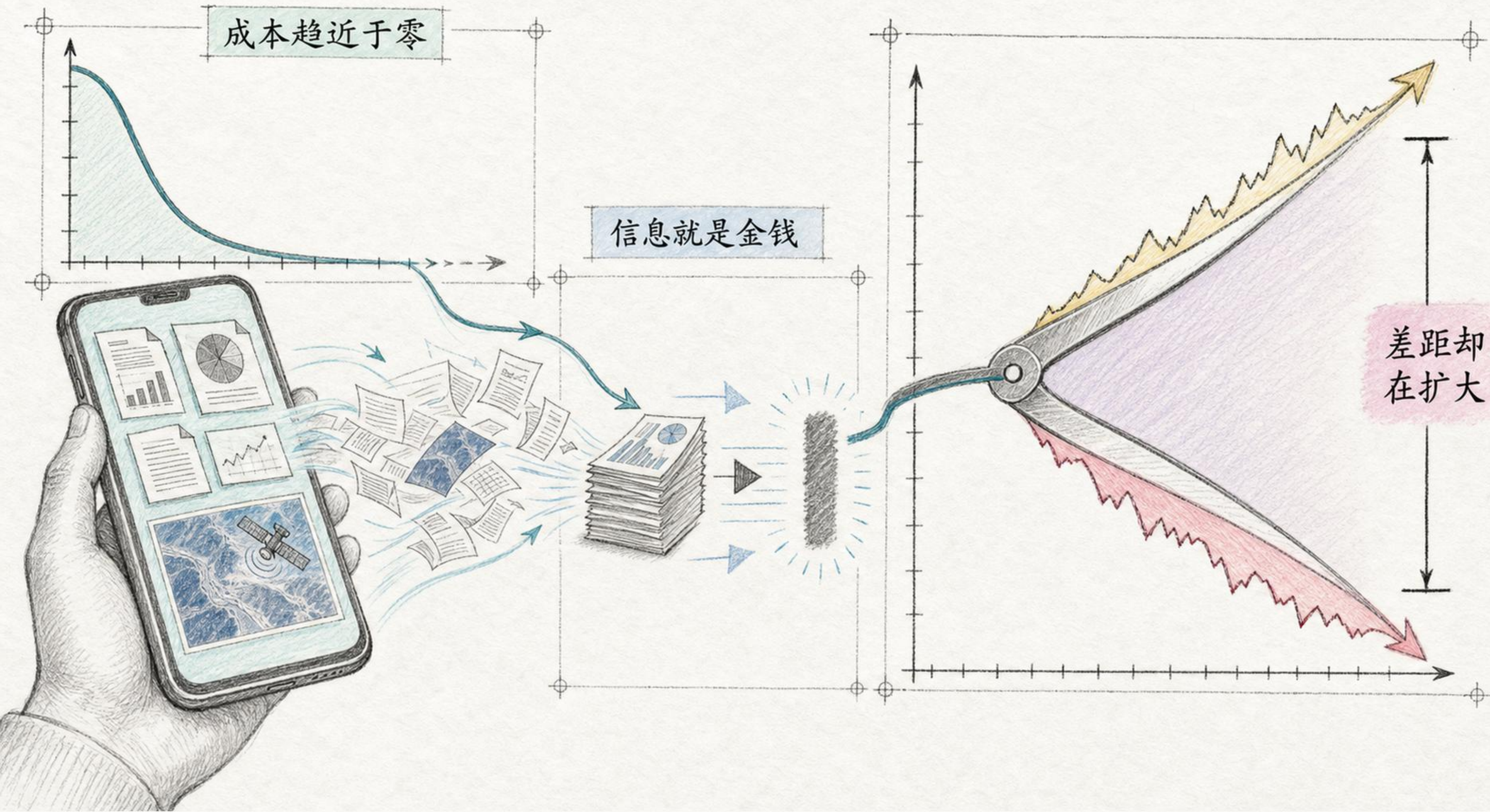
意识状态截然不同



成本趋近于零

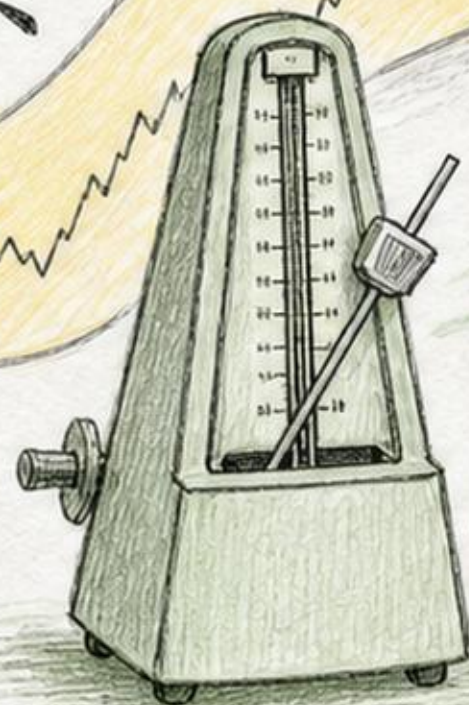
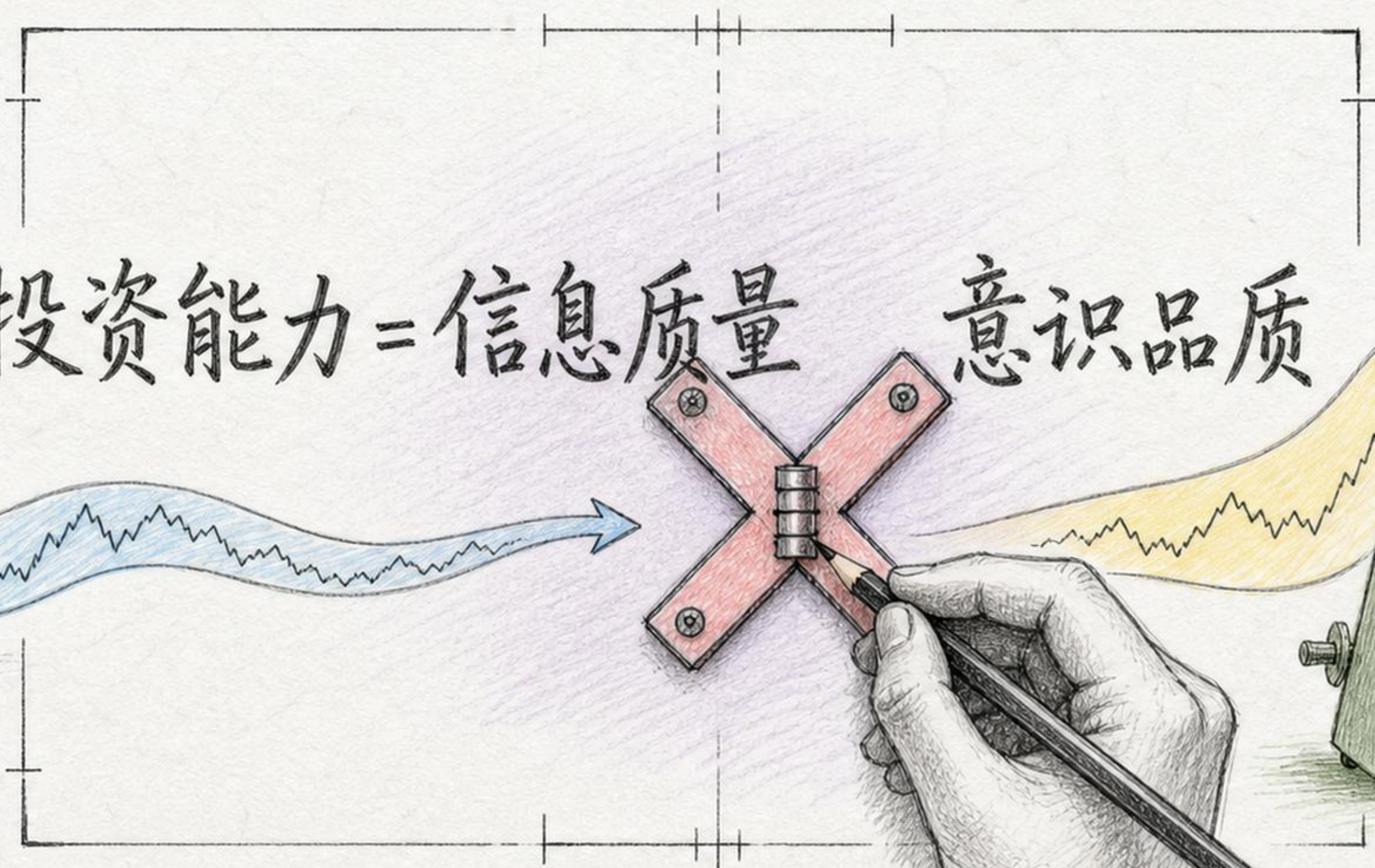
信息就是金钱

差距却在扩大



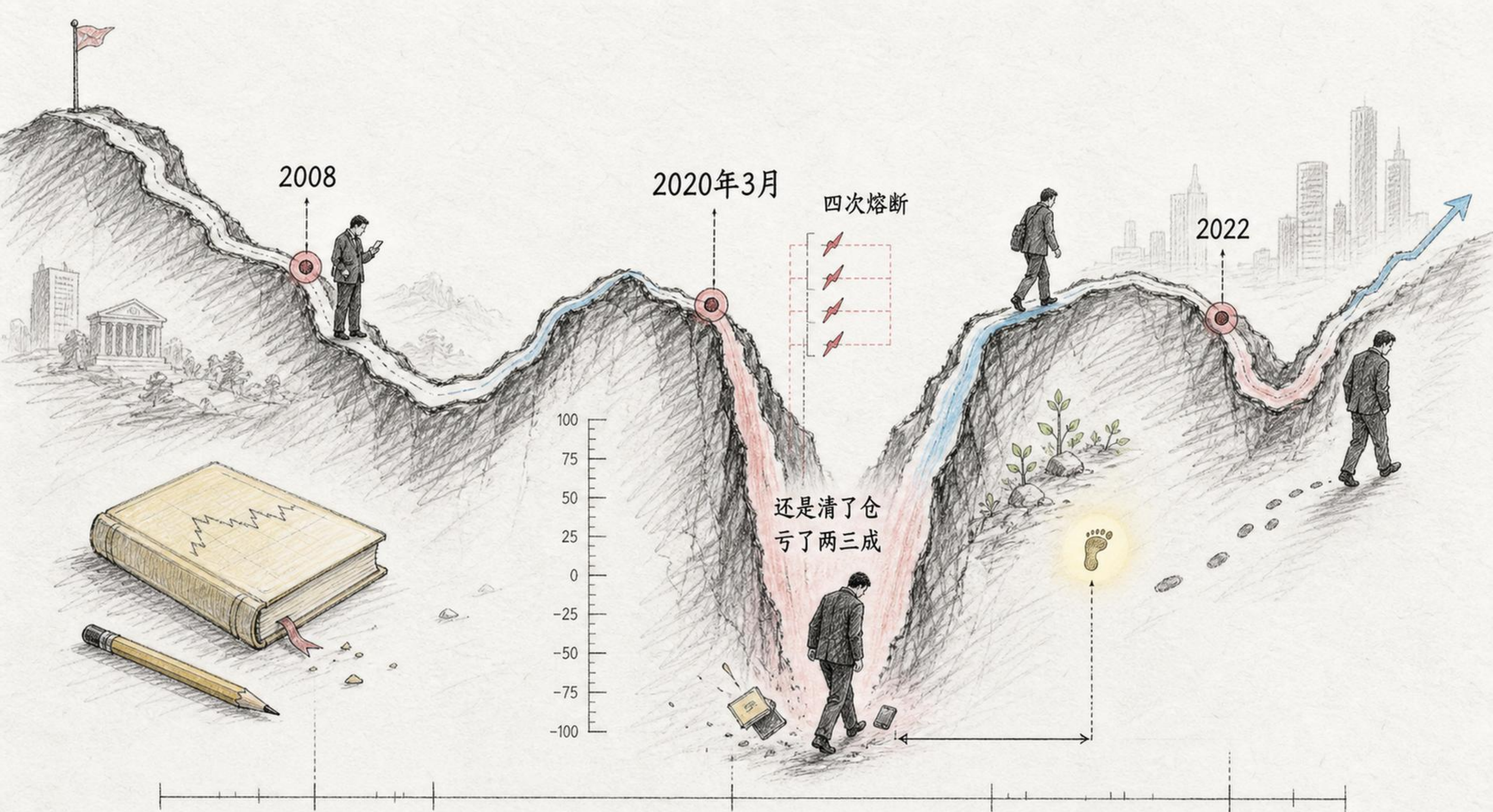
乘数效应

投资能力 = 信息质量 × 意识品质









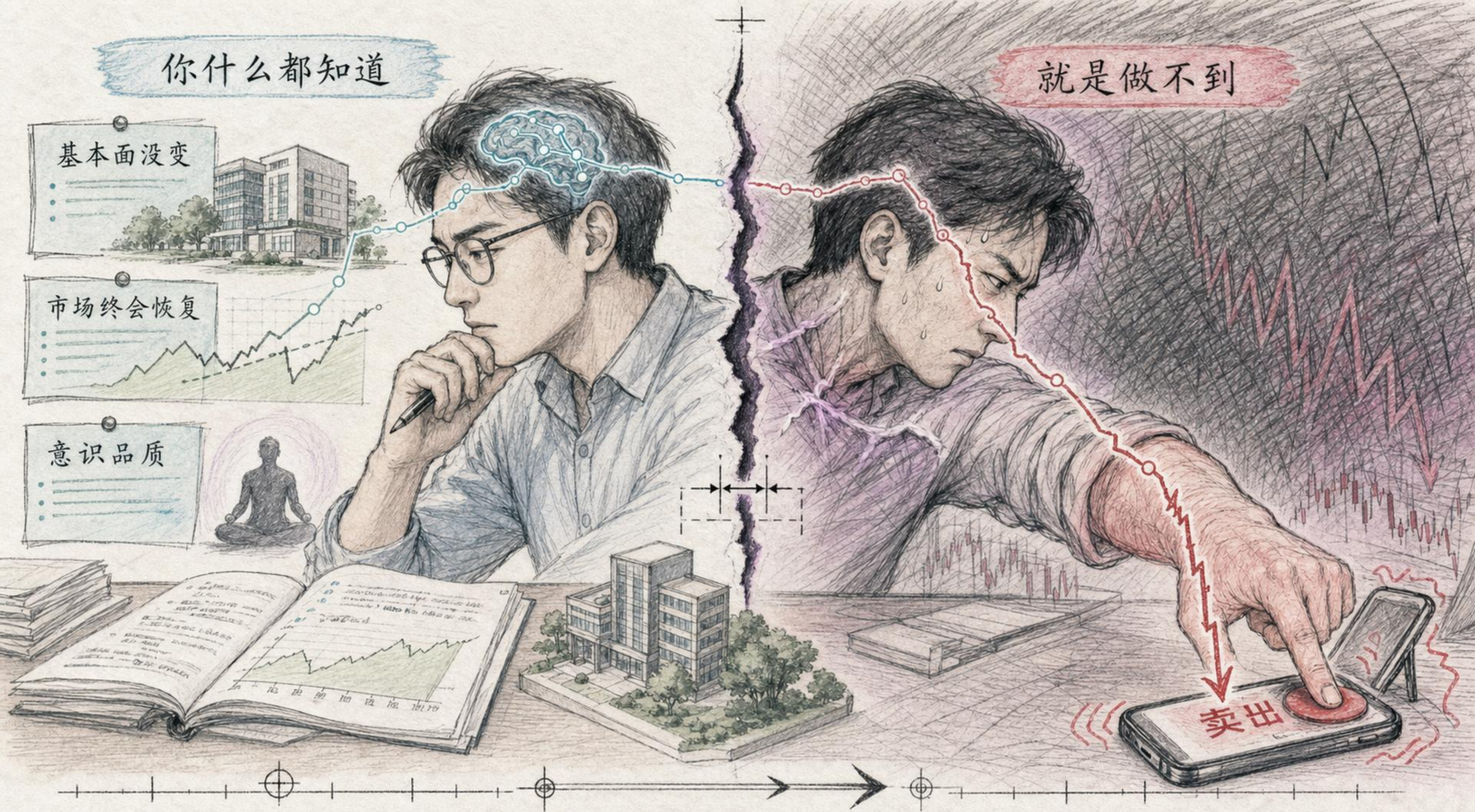
你什么都知道

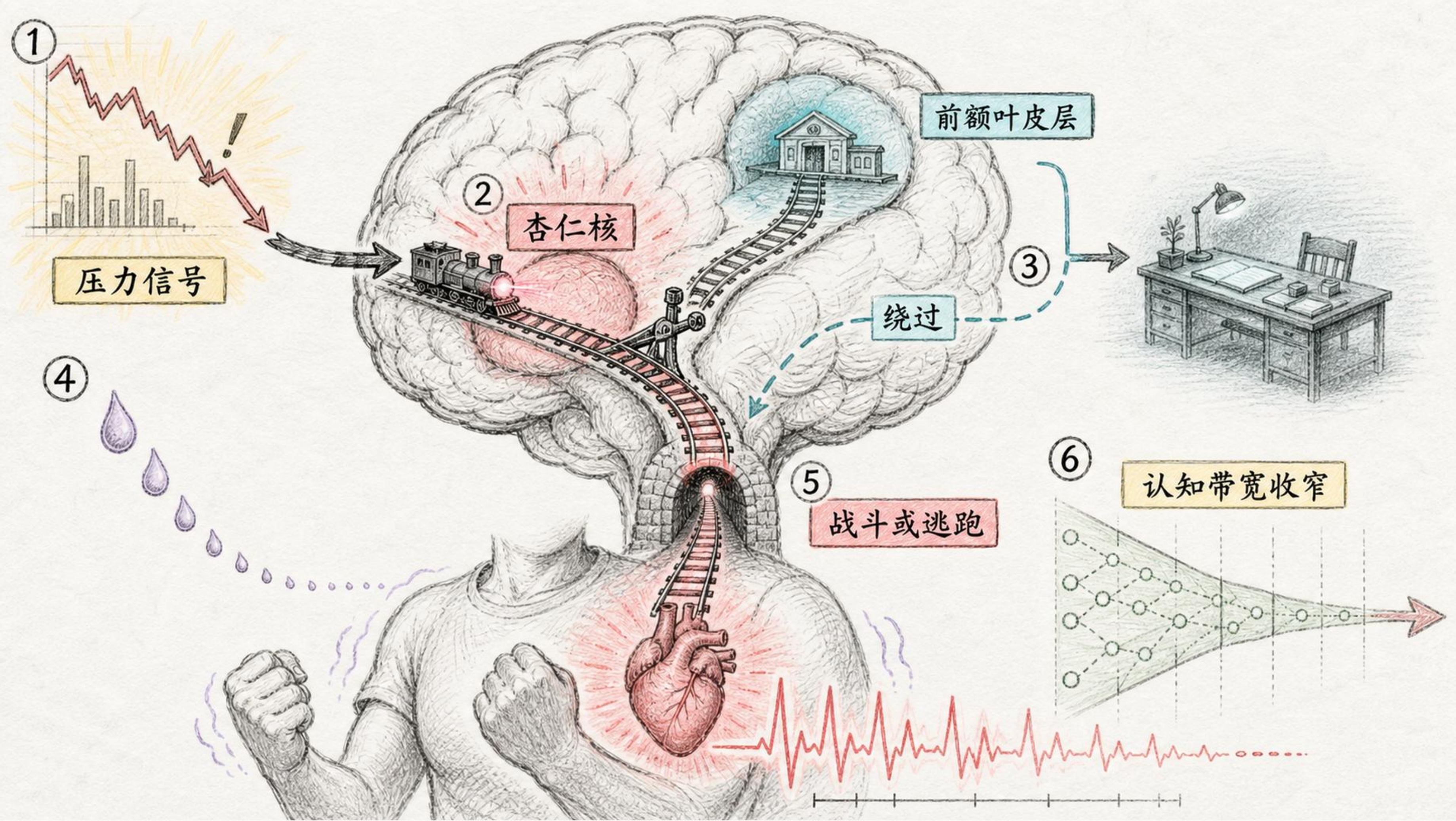
基本面没变

市场终会恢复

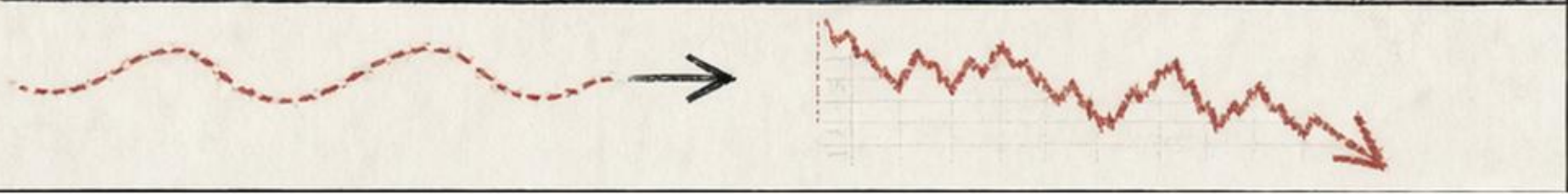
意识品质

就是做不到





一百万年前的出厂设置



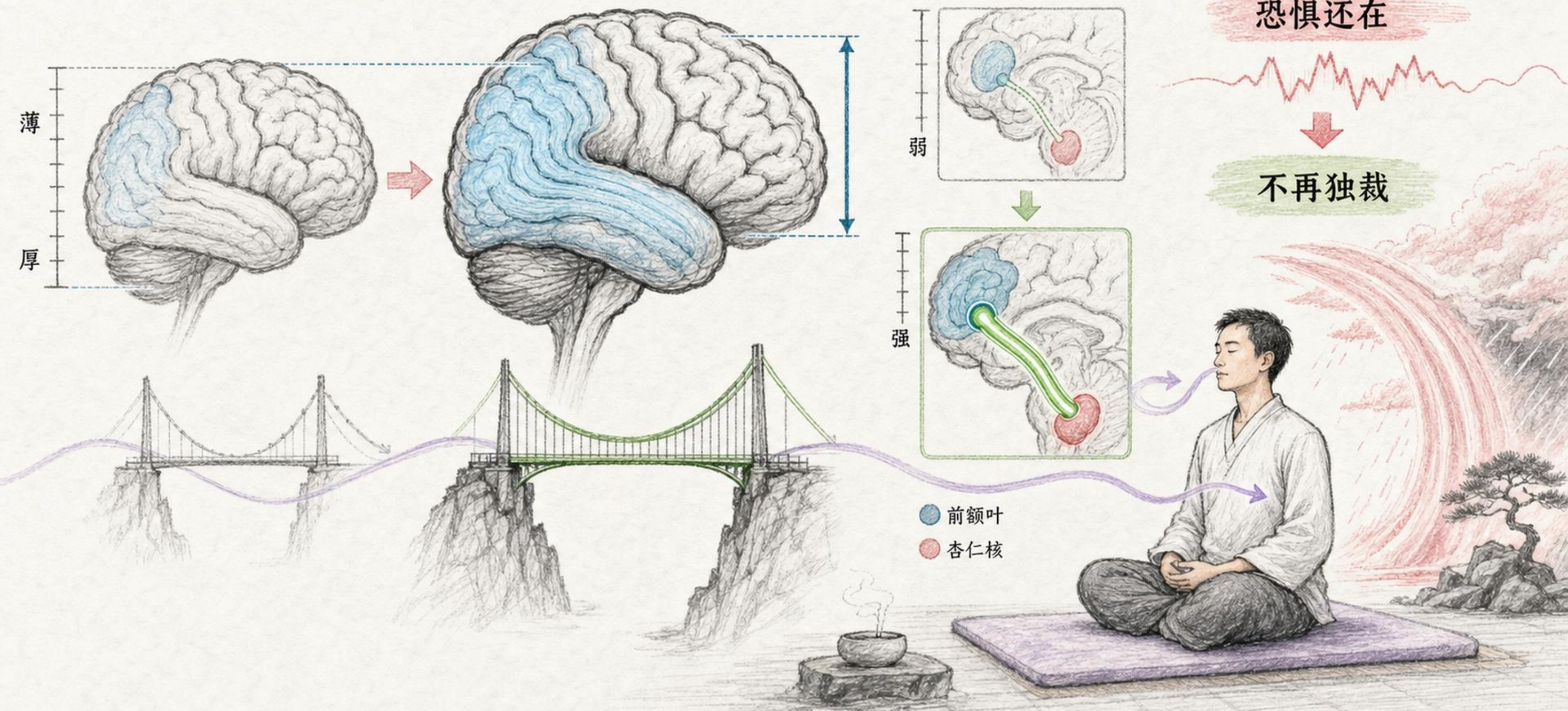
前额叶更厚

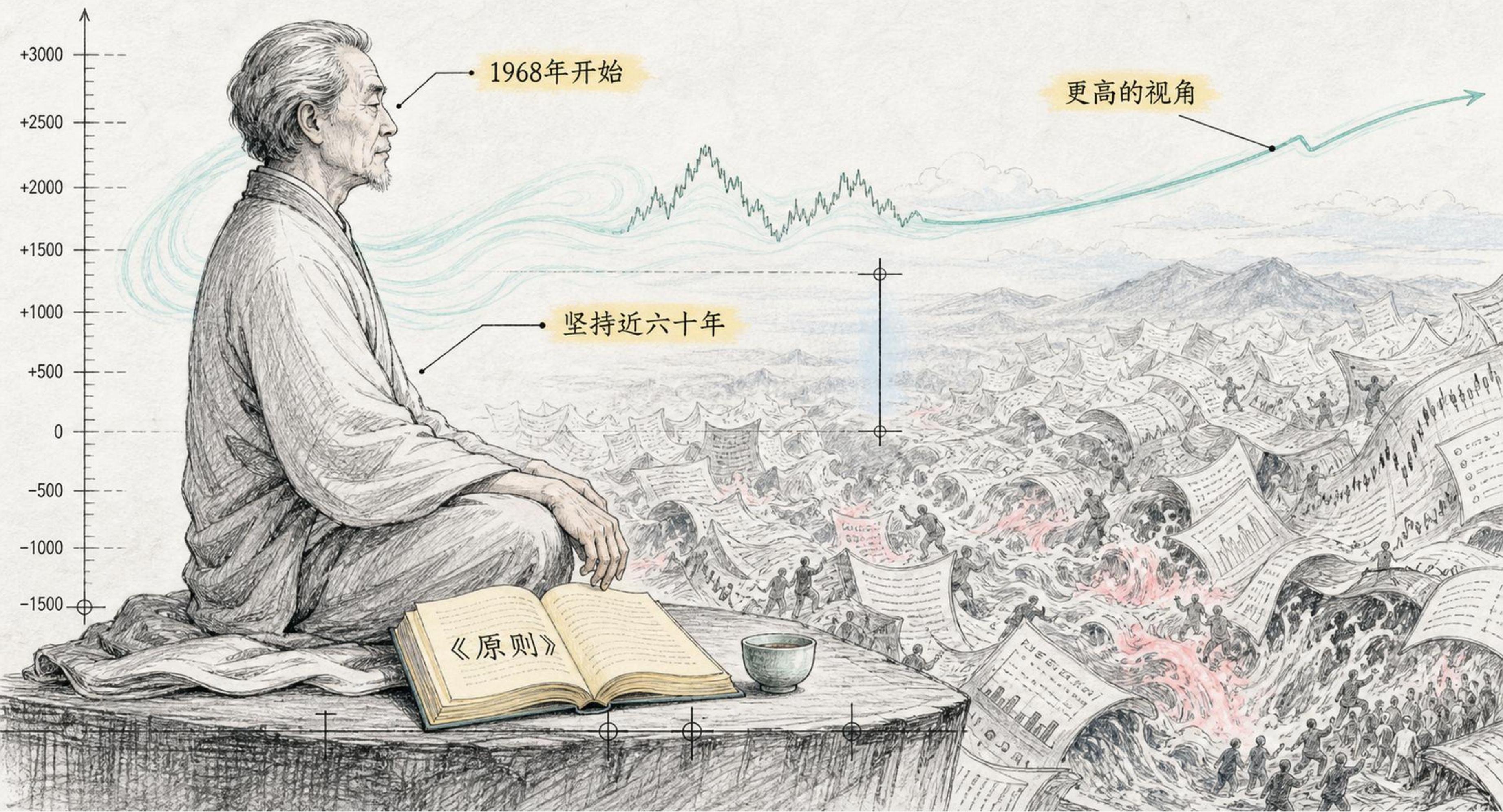
长期冥想者

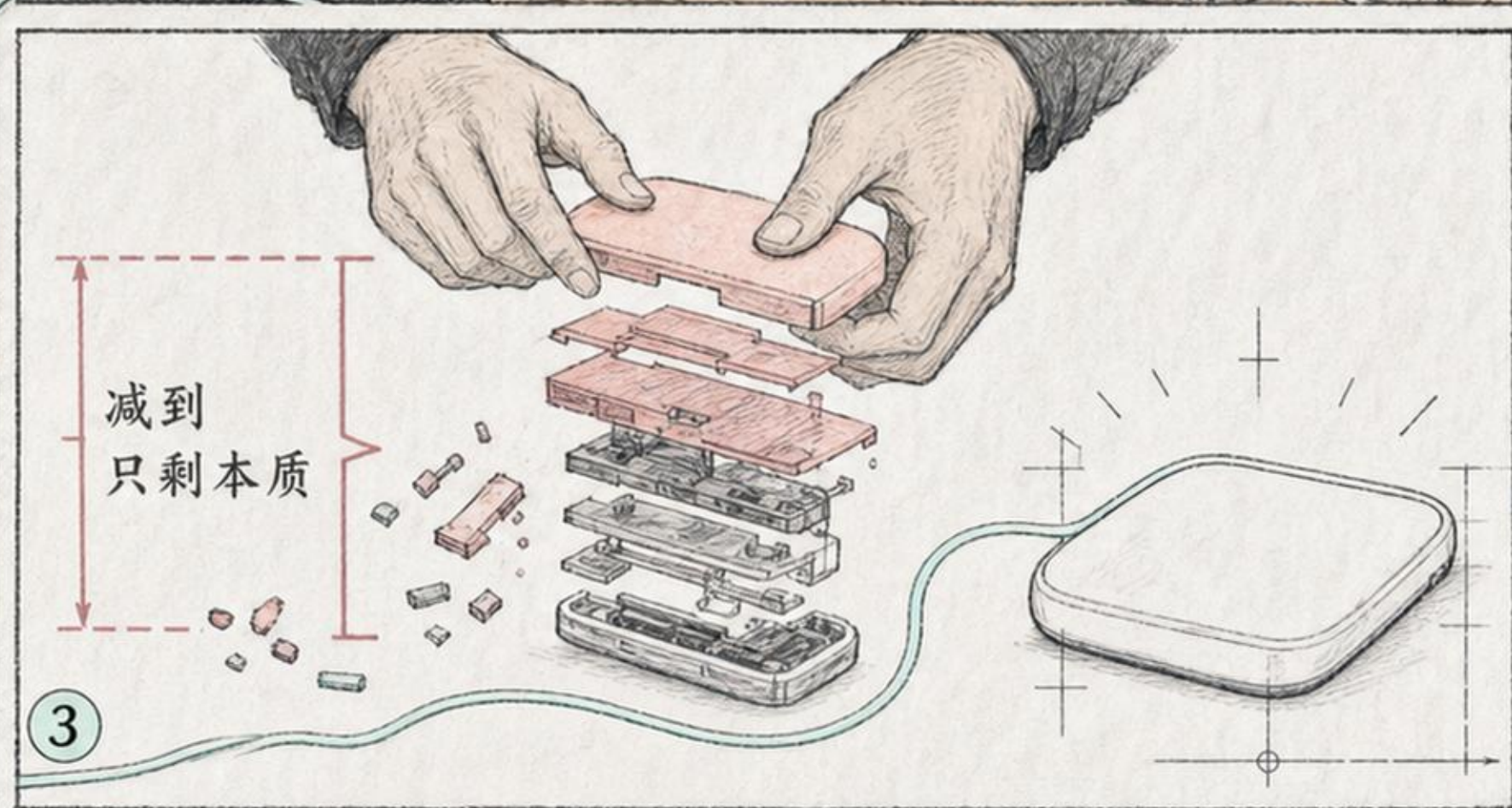
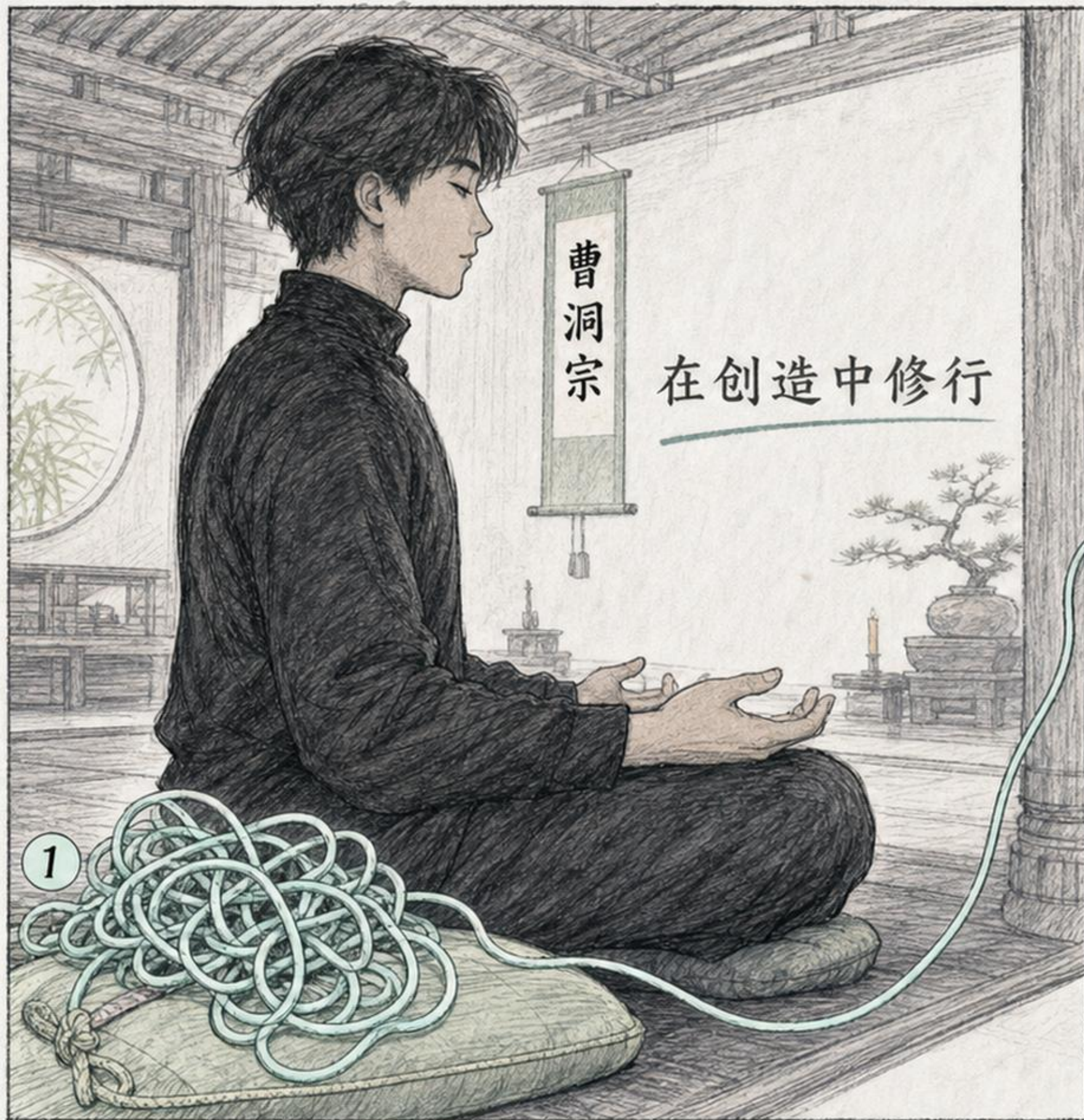
连接更强

恐惧还在

不再独裁







坐等投资法

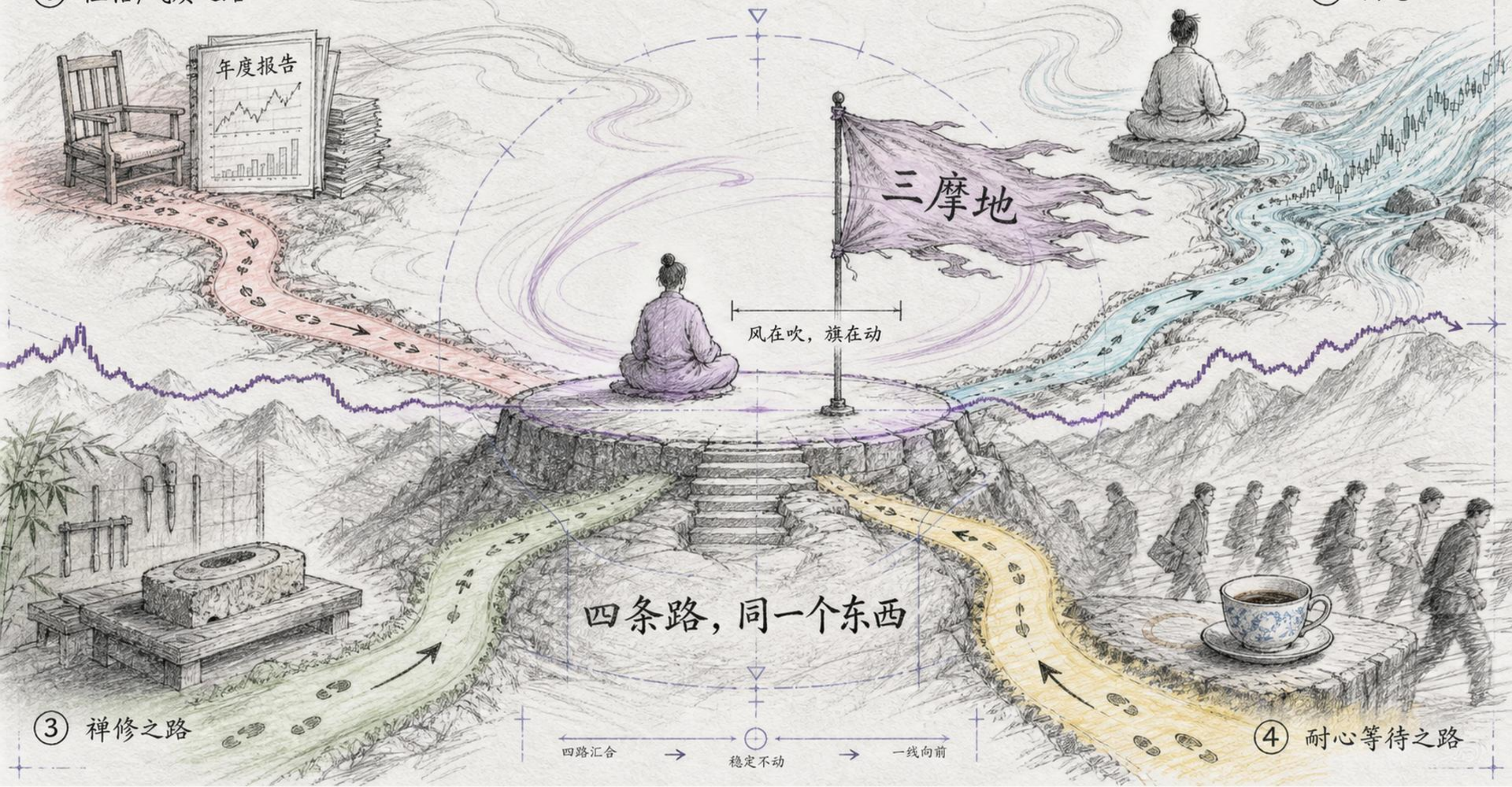
静坐观心

按兵不动

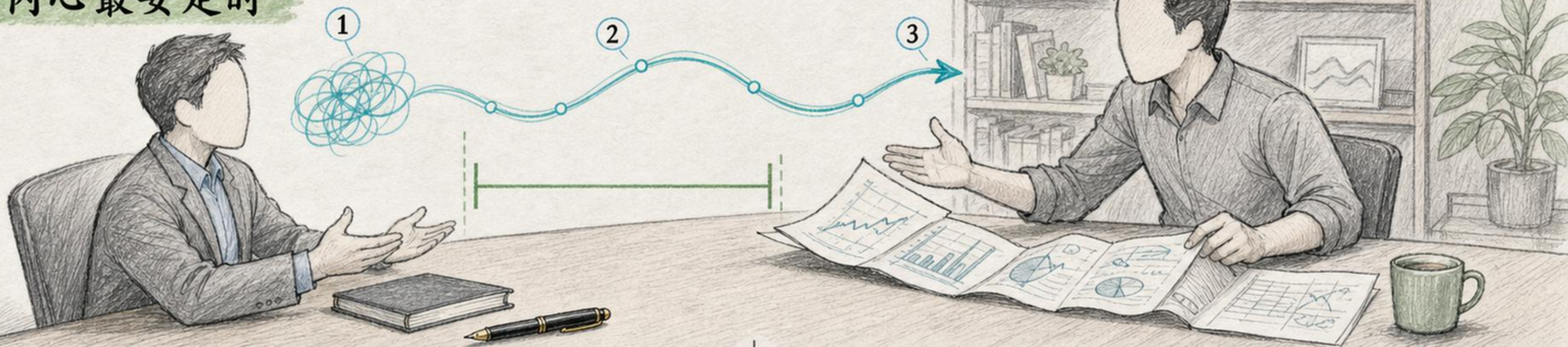


① 性格/气质之路

② 冥想之路



内心最安定时



被焦虑驱动



被兴奋驱动



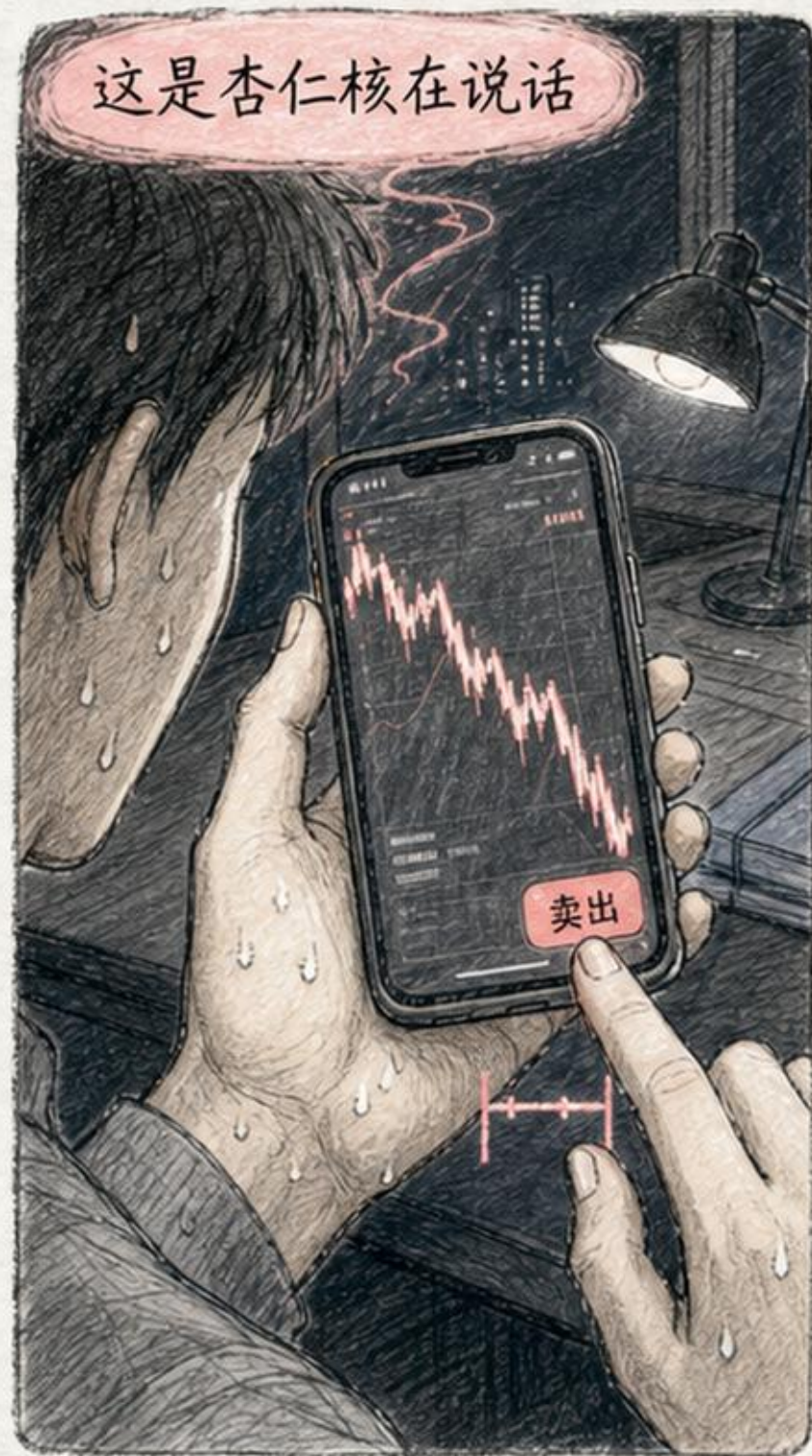


①

②

③

④

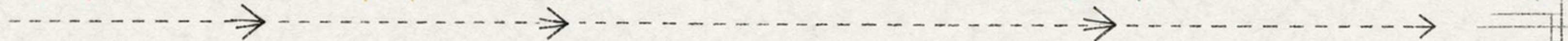
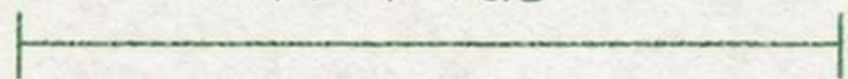
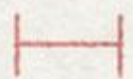


窄缝：几乎为零

刻意撑开：小缝

呼吸空间：很宽

结果空间：更宽

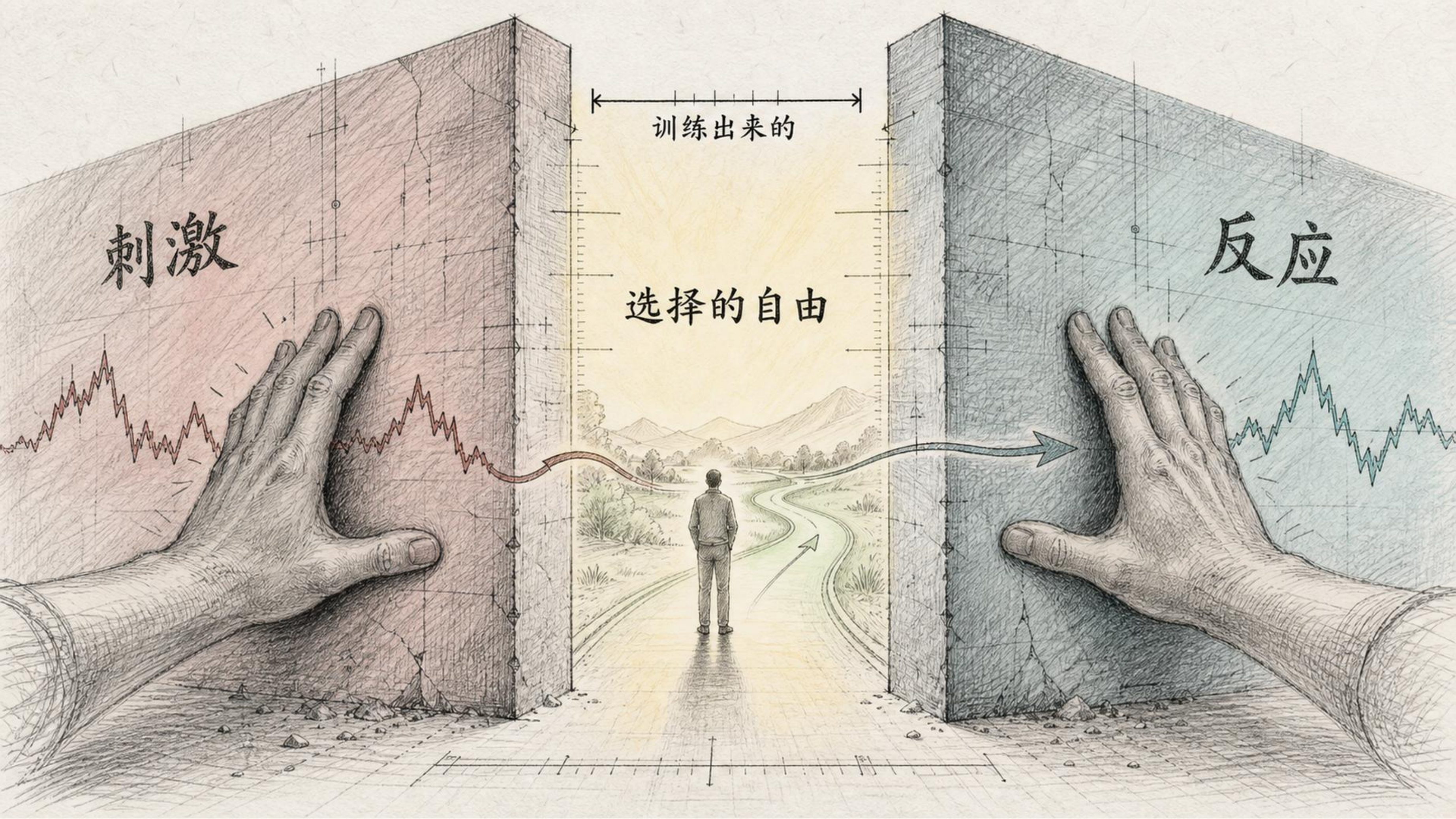


刺激

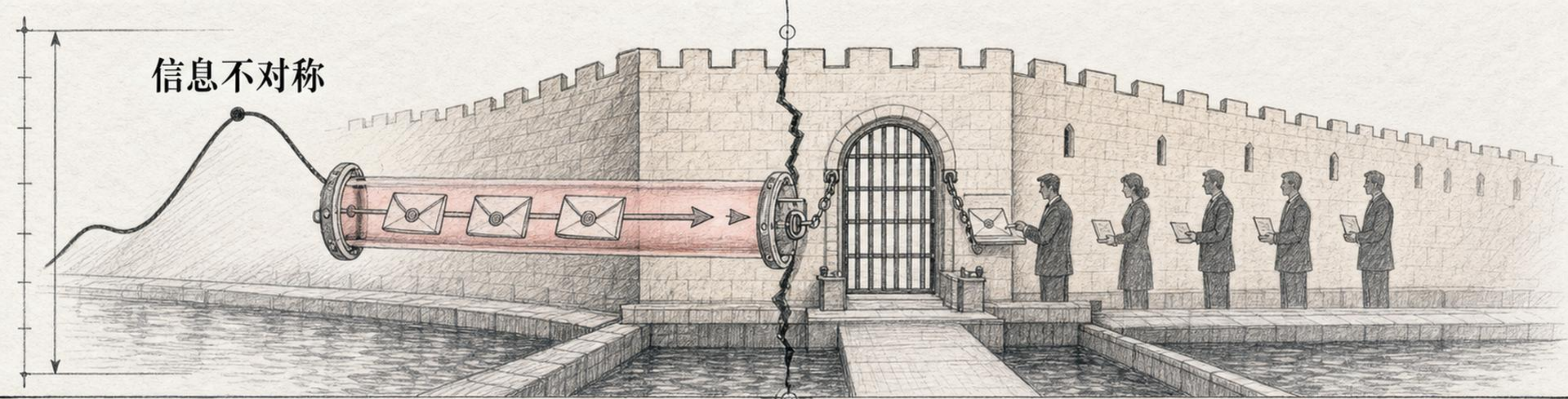
训练出来的

选择的自由

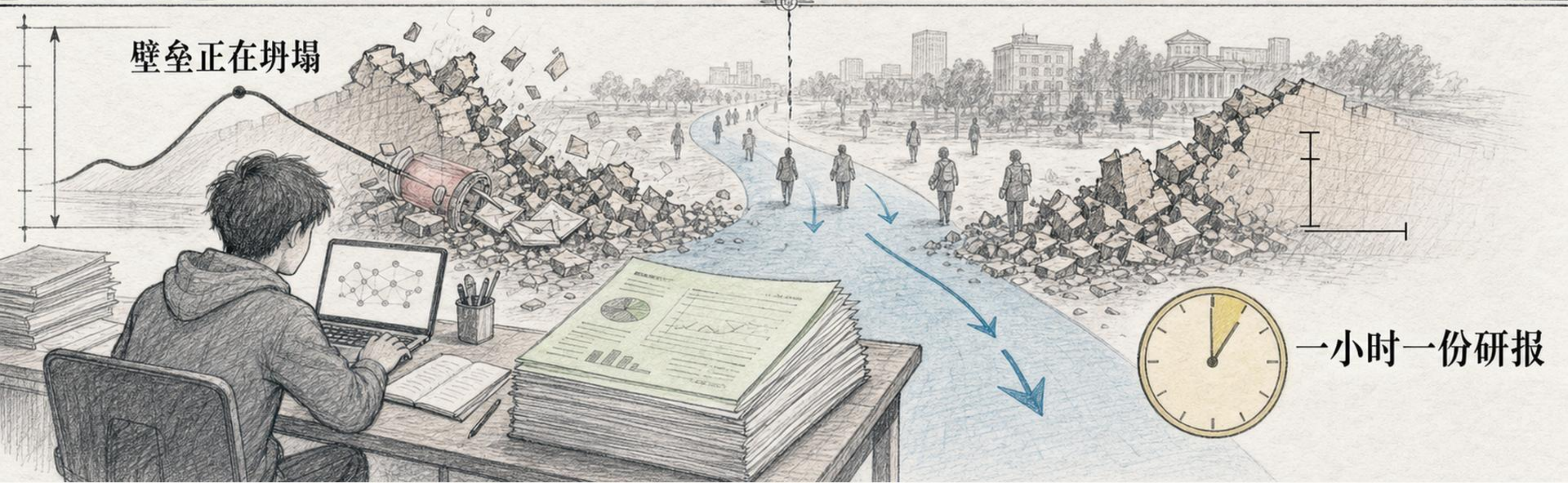
反应



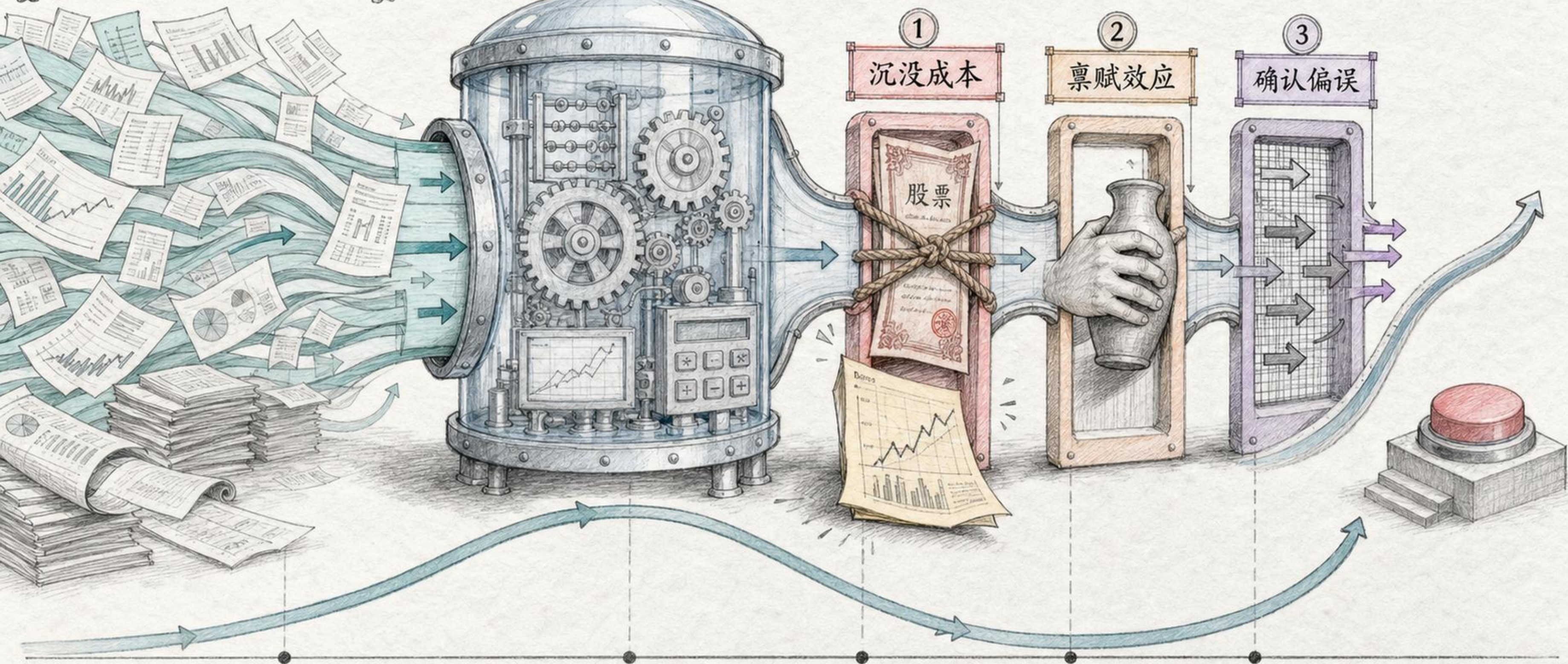
信息不对称



壁垒正在坍塌



从获取转向处理

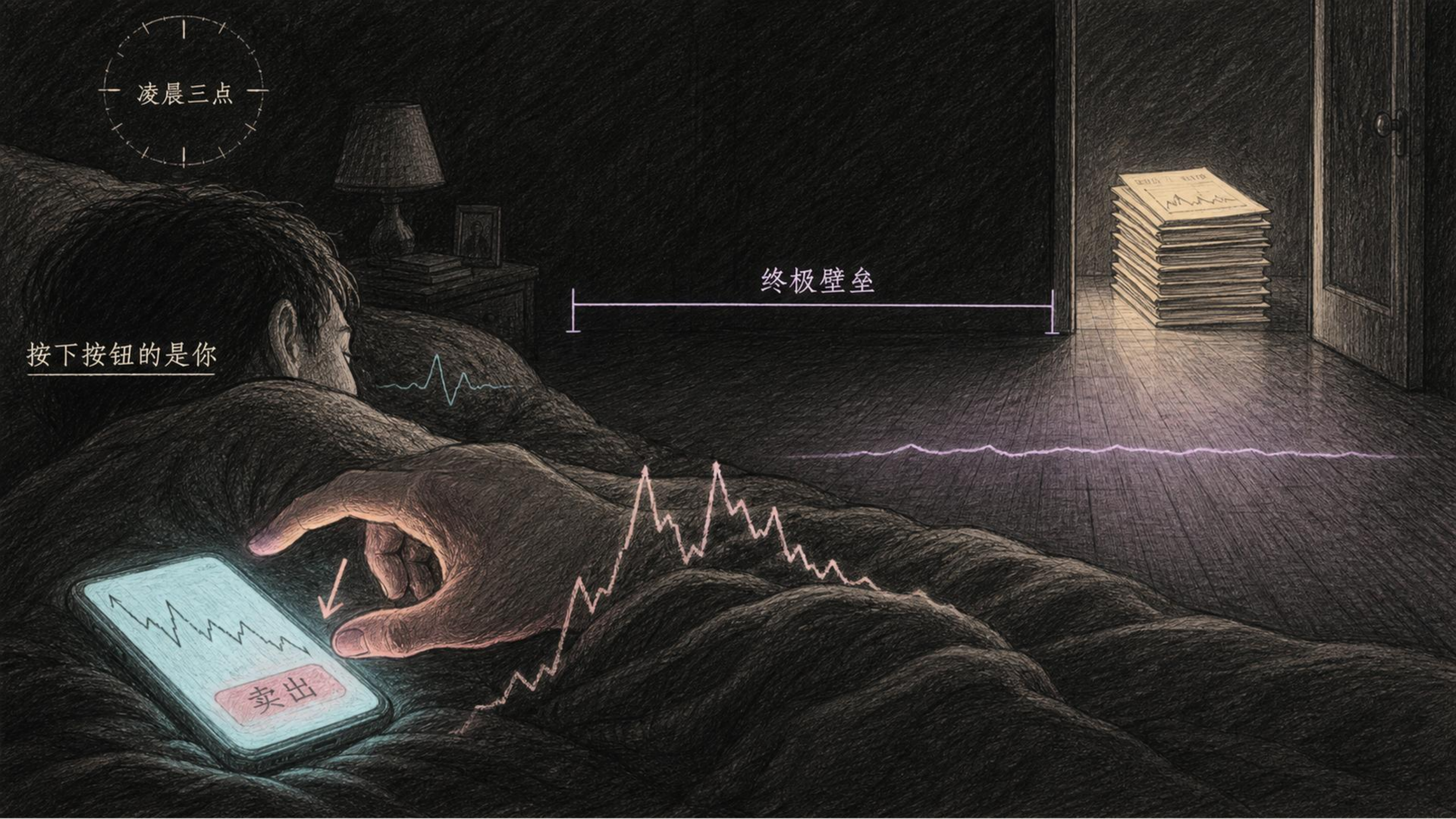


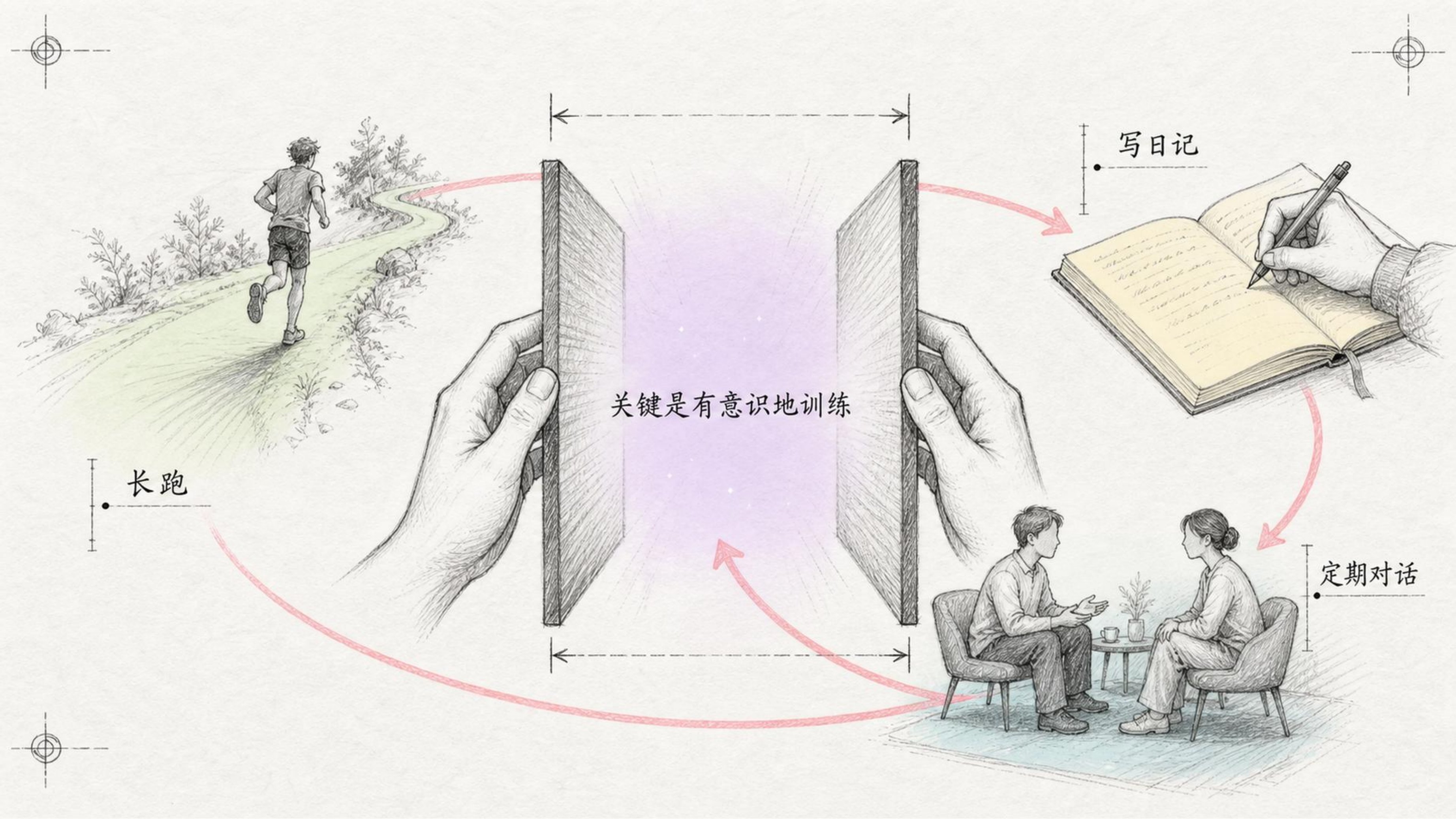


凌晨三点

按下按钮的是你

终极壁垒

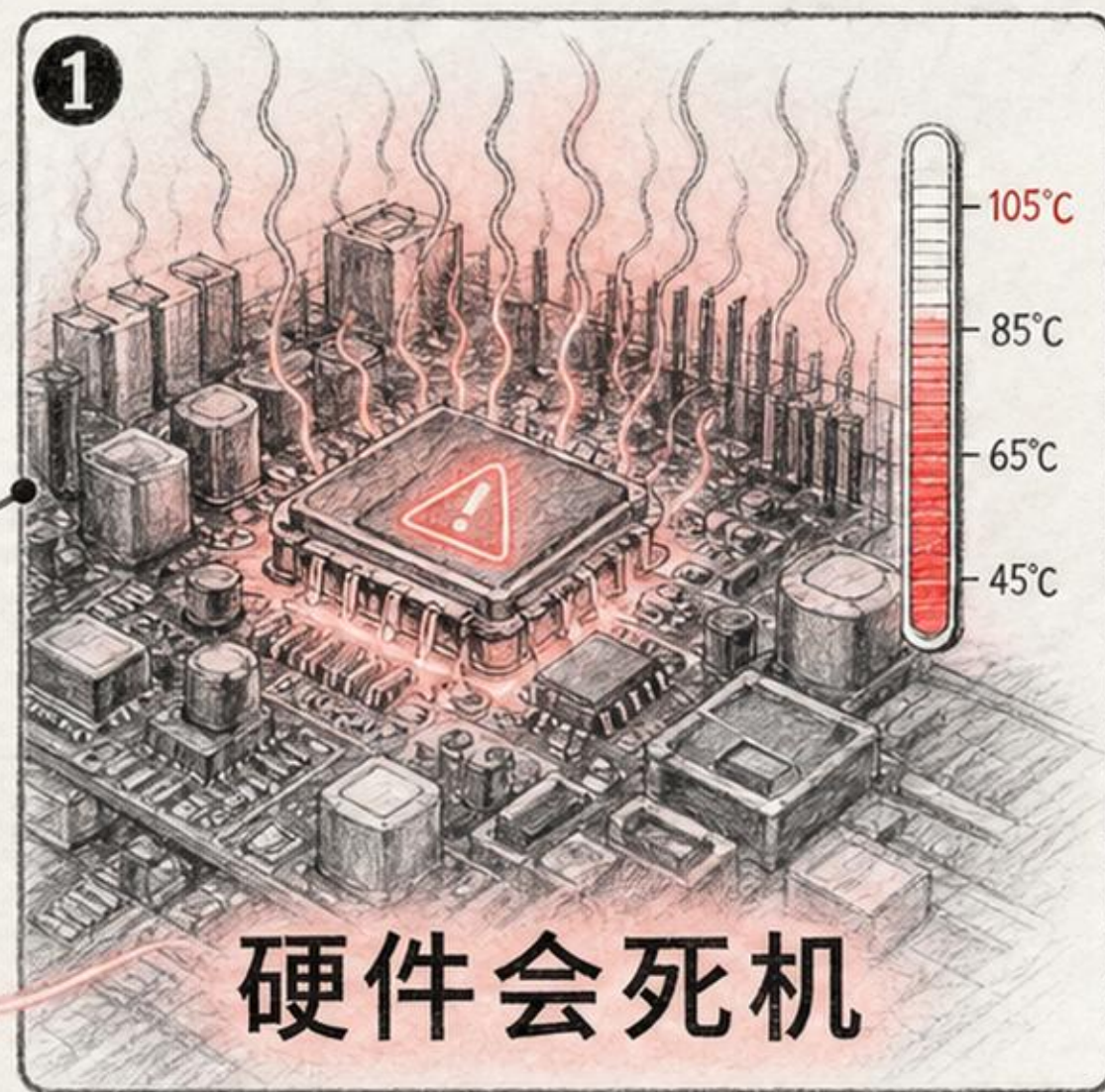




就是做不到



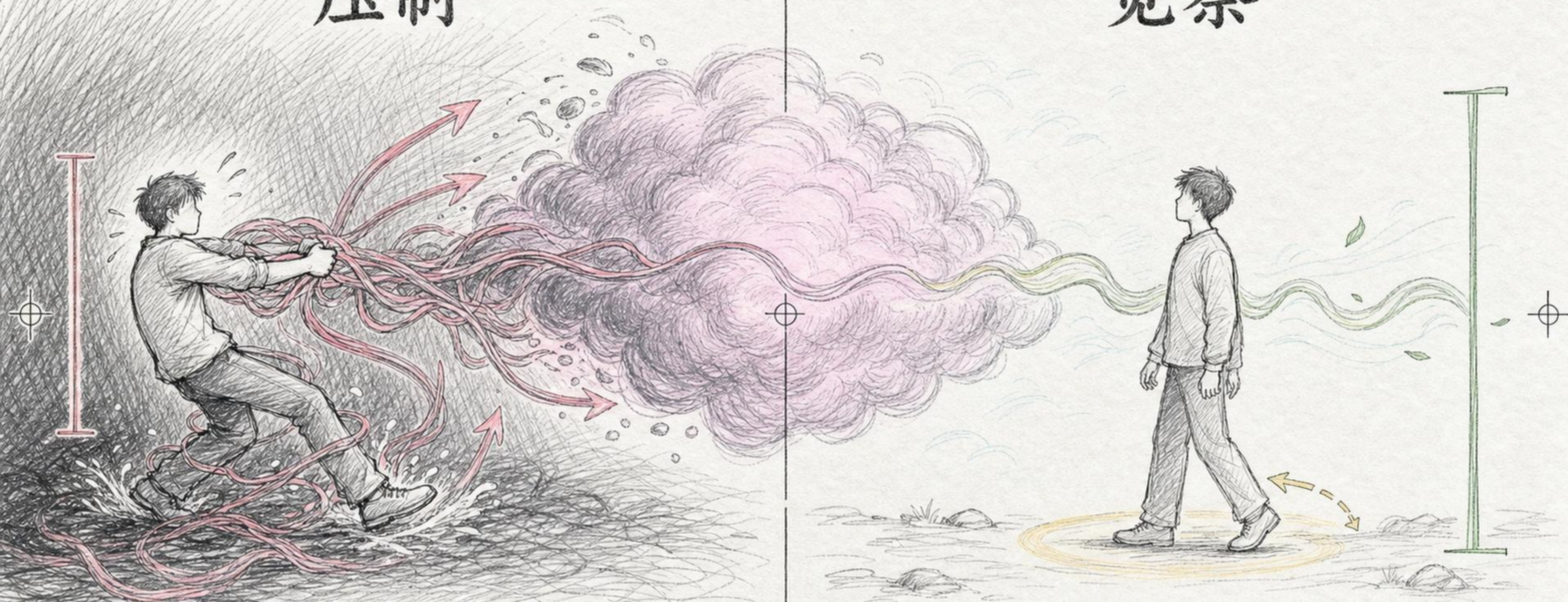
多停三秒



硬件会死机

压制

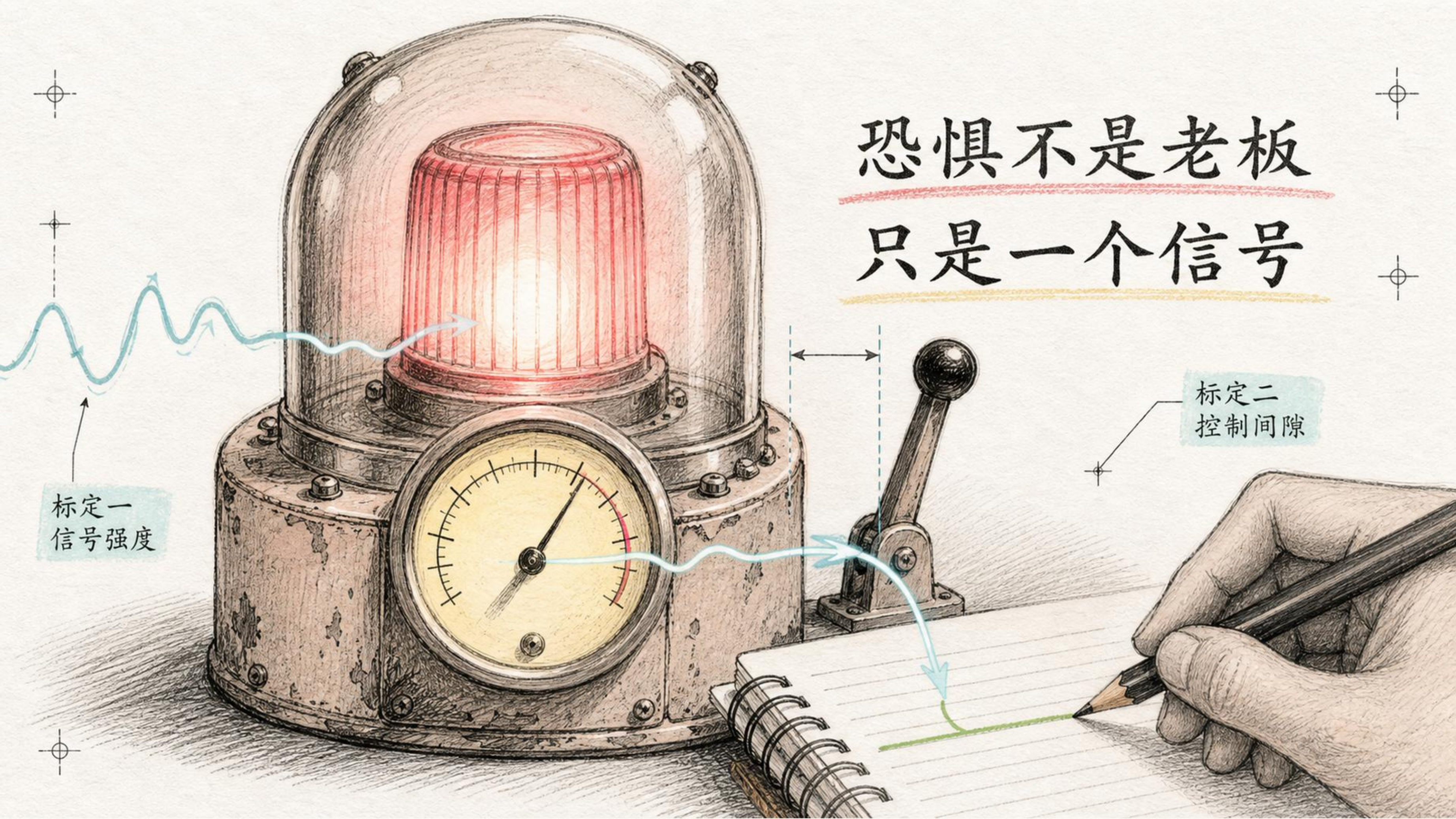
觉察



跟情绪打架

站在旁边看它来去

恐惧不是老板 只是一个信号



标定一
信号强度

标定二
控制间隙

① 不靠智商

③ 禅

你还能不能
看得见

② 冥想

④ 定力

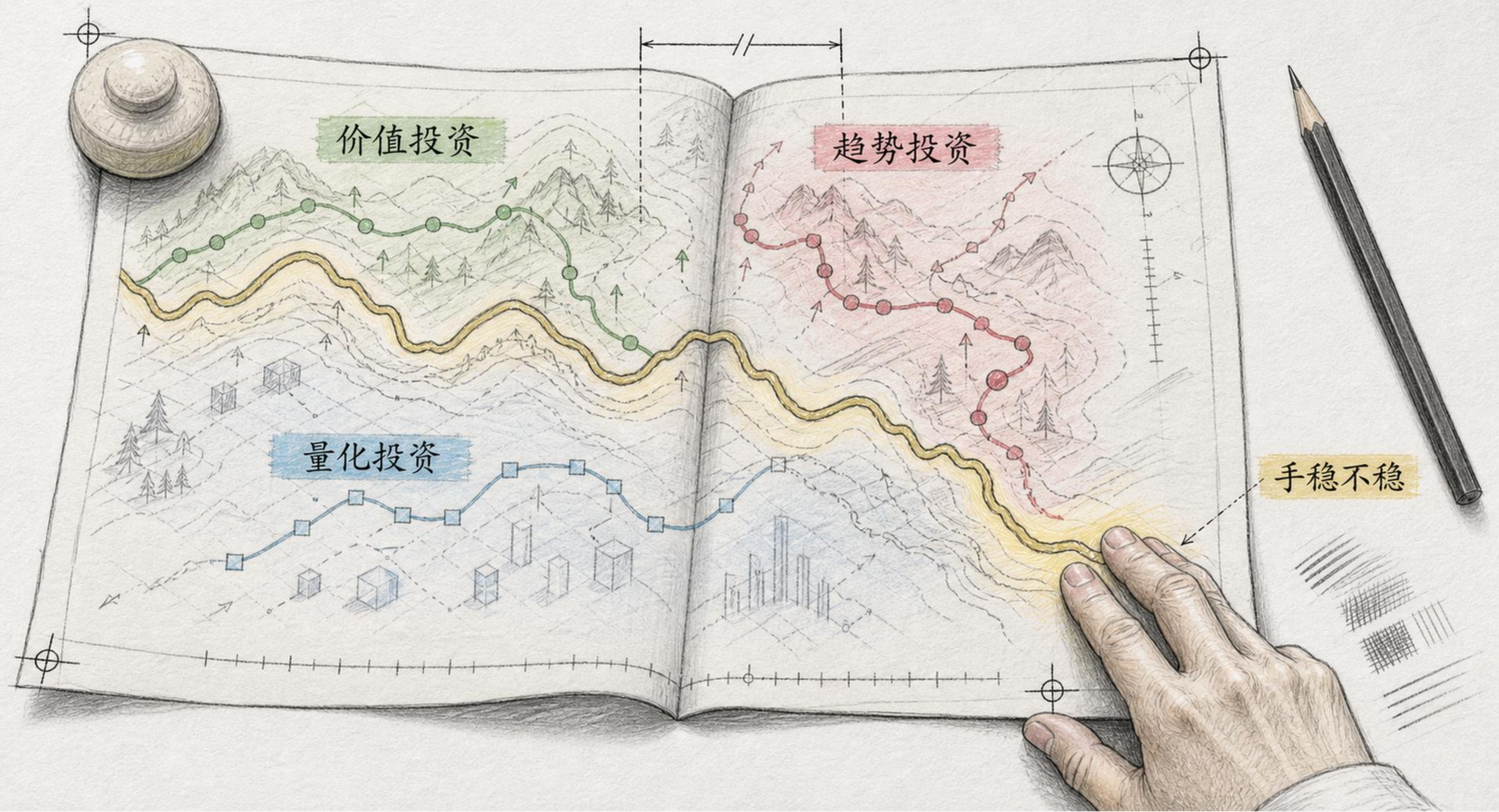


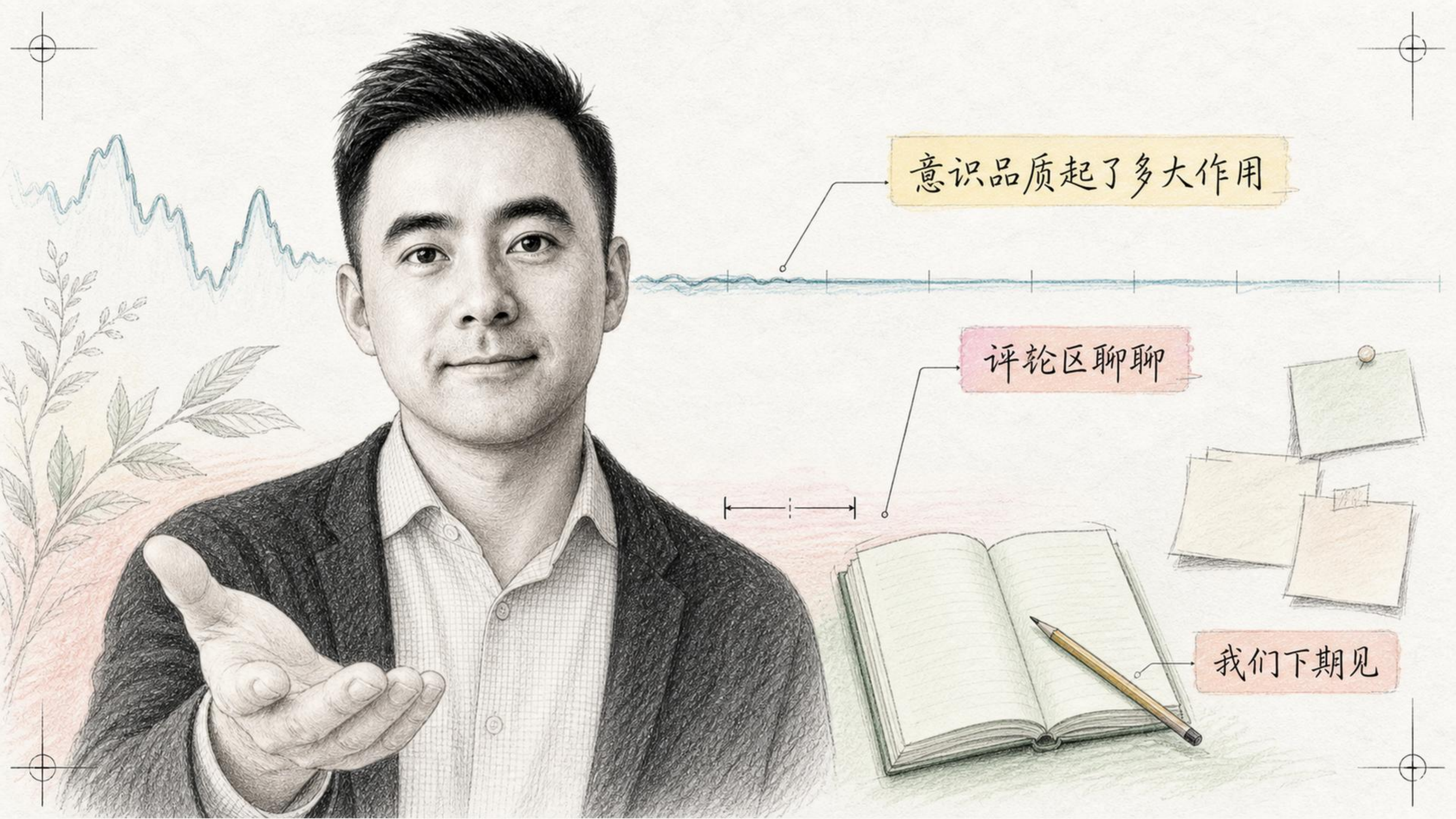
价值投资

趋势投资

量化投资

手稳不稳





意识品质起了多大作用

评论区聊聊

我们下期见